



**Aulbani J. Beauregard Center
for Equity, Justice, and Freedom**

CONNECT 2024 Results

October 2024

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Equity, Justice, and Freedom

Agenda

- UNH Partner Feedback
- Student Mentor Feedback
- Participant (Mentee) Feedback
- Program Outcomes
- Questions
- Next Steps



UNH Partner Feedback



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UNH Partner Feedback - About

- Distributed to UNH faculty and staff representing student service and academic departments – 18 responses
- Requested anonymous feedback about CONNECT experience.
- Survey questions: Likert scale from 1 (strongly disagree) – 4 (strongly agree)
- Open-ended feedback: strengths, opportunities, would you recommend CONNECT? Why/ Why not?



UNH Partner Feedback - Strengths

100% of surveyed UNH campus partners would recommend CONNECT to colleagues.

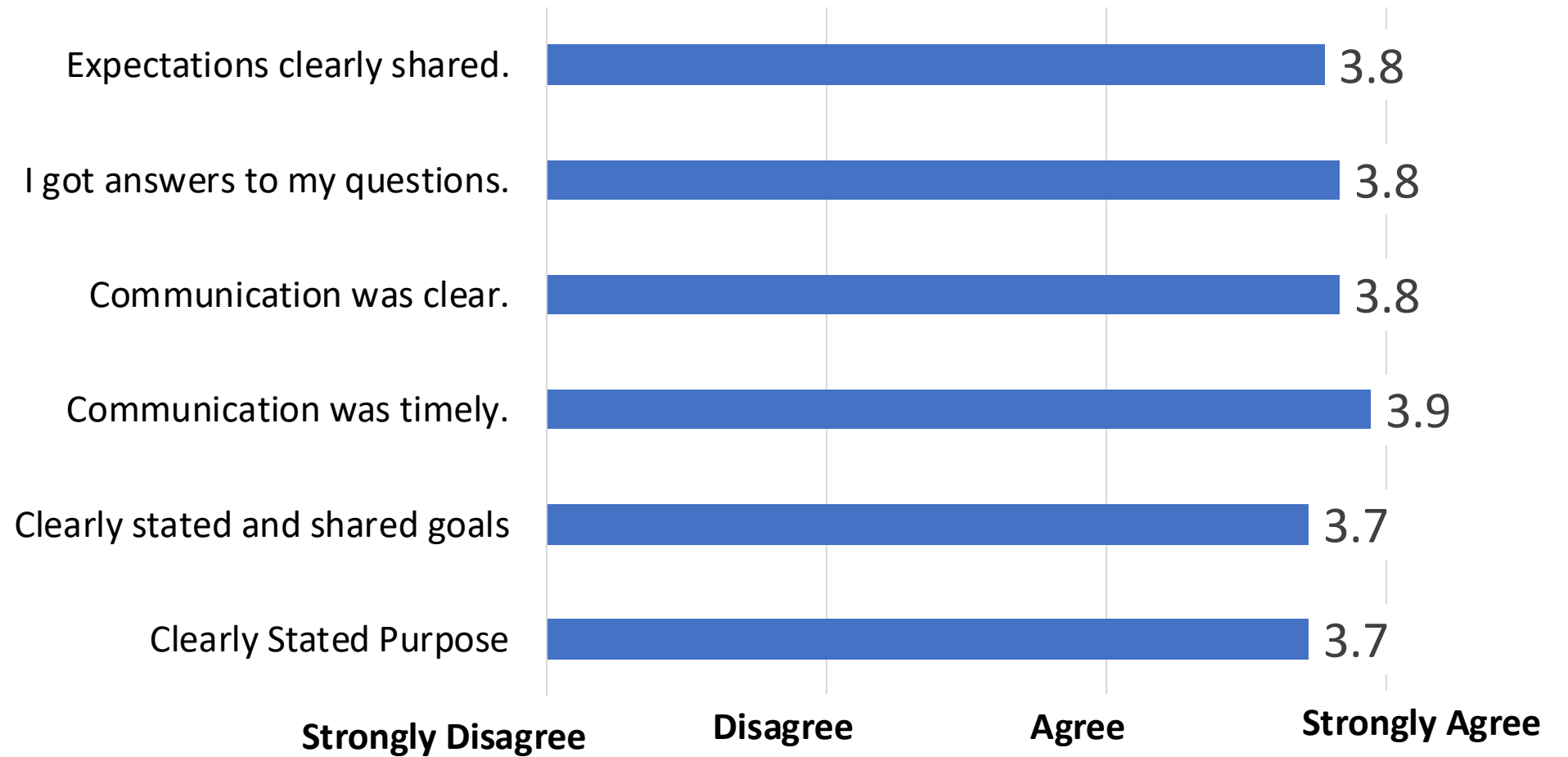
“From a staff perspective, this year's CONNECT program was one of the best iterations that I have seen. I appreciate the timely and clear communication and enjoyed having more time for the colleges to engage with their students.”

--Campus Partner, CONNECT 2024

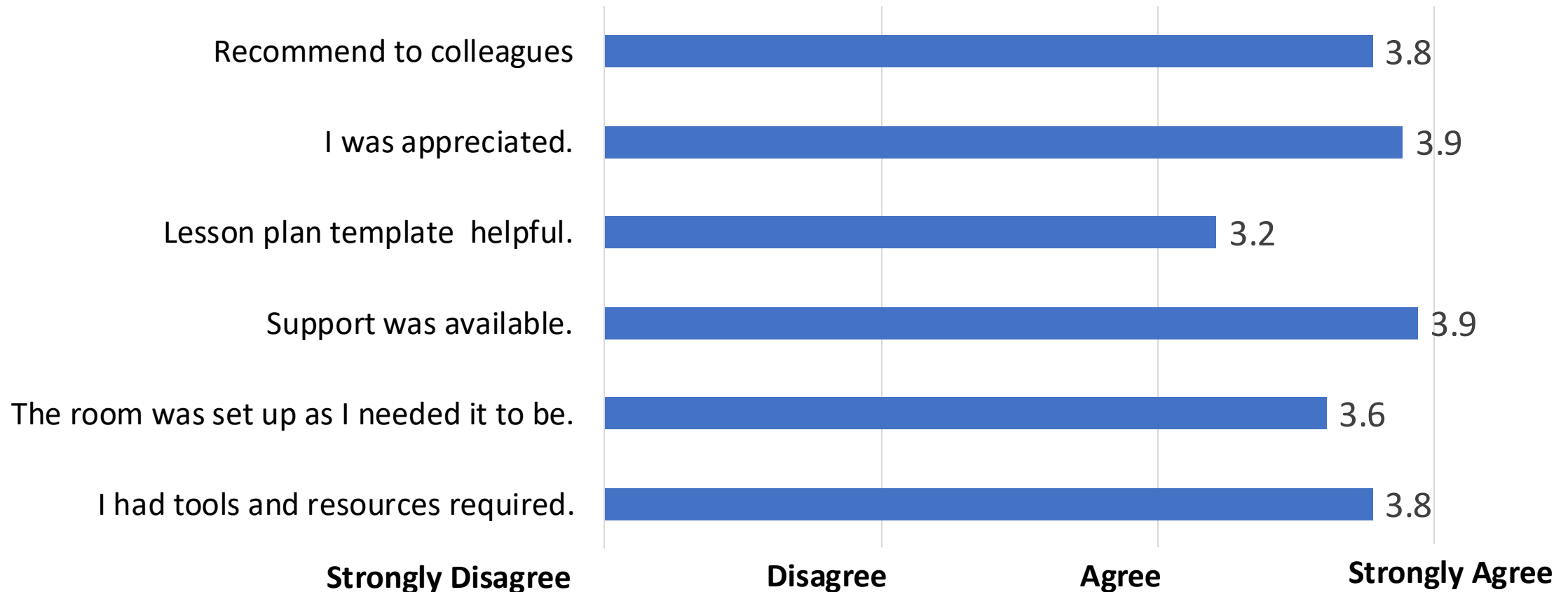


Survey Data – part 1

**18 survey
participants**



Survey Data – part 2



UNH Partner Feedback - Opportunities

Opportunities for growth:

- More opportunities to communicate CONNECT purpose and goals
- Streamline communication and “round robin” session



Student Mentor Feedback



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Student Mentor Feedback - About

- Distributed to 11 student mentors, 100% response rate
- Requested anonymous feedback about CONNECT experience and training
- Feedback collected used Likert scale survey, from 1 (strongly disagree) – 4 (strongly agree)
- Open-ended feedback: strengths, opportunities, would you recommend CONNECT? Why/ Why not?

Student Mentor Feedback - Strengths

100% of CONNECT student mentors recommend the CONNECT mentorship experience

“It is the most helpful program on campus.”

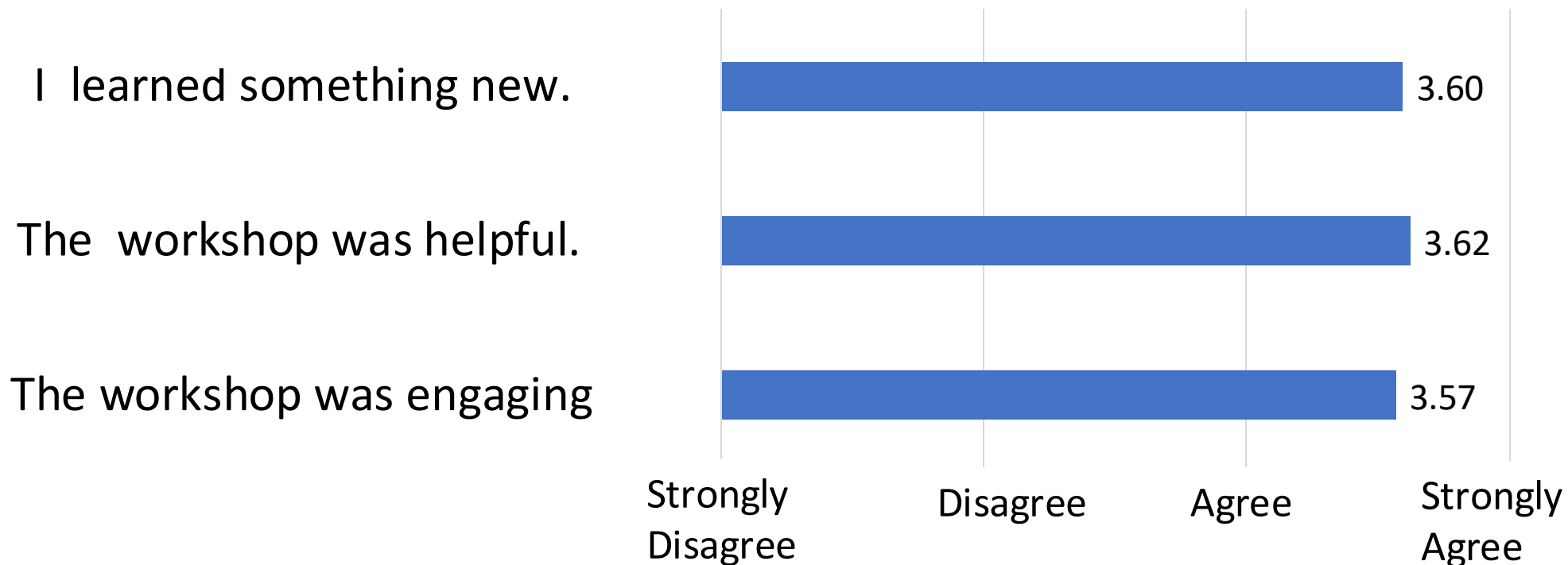
“It’s a very rewarding experience.”

“Being a mentor is a great experience and gives you leadership skills as well as team bonding.”

--Student Mentors, CONNECT 2024

Student Mentor Feedback

Mentor Training Evaluation - Averages



**All are
close to
“Strongly
Agree”**



Student Mentor Feedback: Training

Session Name	The workshop was engaging	The workshop was helpful.	I learned something new.	Average Score
Handshake with CAPS	3.2	3.2	3.4	3.3
Accessibility with SAS	3.3	3.5	3.5	3.4
CREO Overview	3.3	3.6	3.5	3.5
Anti-Bias with Beauregard Center	3.7	3.7	3.6	3.6
Browne Center	3.7	3.7	3.6	3.7
Anti-Violence with SHARPP	3.8	3.7	3.5	3.7
QPR with PACS	3.6	3.8	3.8	3.8
NSFP Connections	3.9	3.8	3.9	3.8



Student Mentor Feedback: Opportunities

Opportunities for Growth:

- Increase the length of mentor training
- Increase interactive activities and breaks during training



Participant (Mentee) Feedback



Student Participant Feedback - About

- Distributed to 20 student participants, 100% response rate
- Requested anonymous feedback about CONNECT experience.
- Survey questions: Likert scale from 1 (strongly disagree) – 4 (strongly agree)
- Open-ended feedback: strengths, opportunities, would you recommend CONNECT? Why/ Why not?



Participant Feedback - Strengths

100% of participants recommend CONNECT to other students.

“I was unsure about coming to CONNECT, but I’m glad I did. I love my mentor and the friends that I met...!”

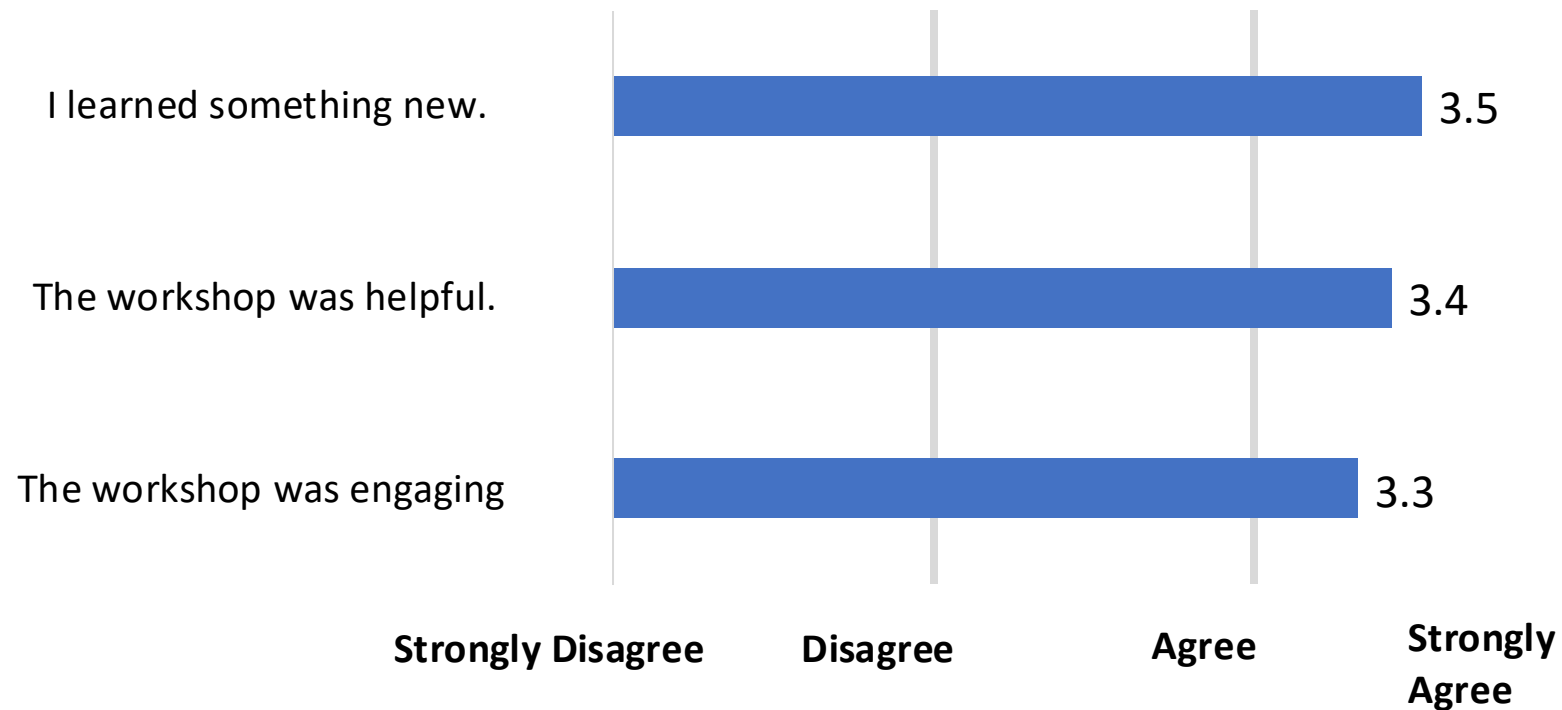
“I would 100% recommend because it was so fun and helpful. I feel so much better about college after CONNECT!”

--Student Participants, CONNECT 2024



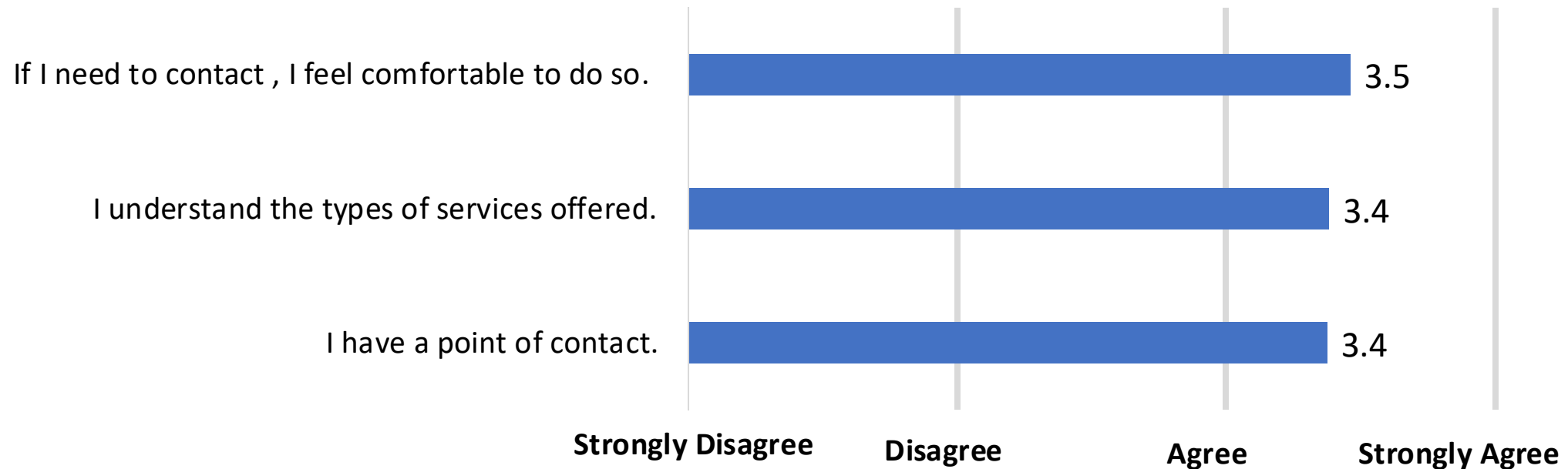
Participant Feedback- Workshops

CONNECT Workshop Evaluation – Averages Part 1



Participant Feedback- Workshops

CONNECT Workshop Evaluation – Averages Part 2

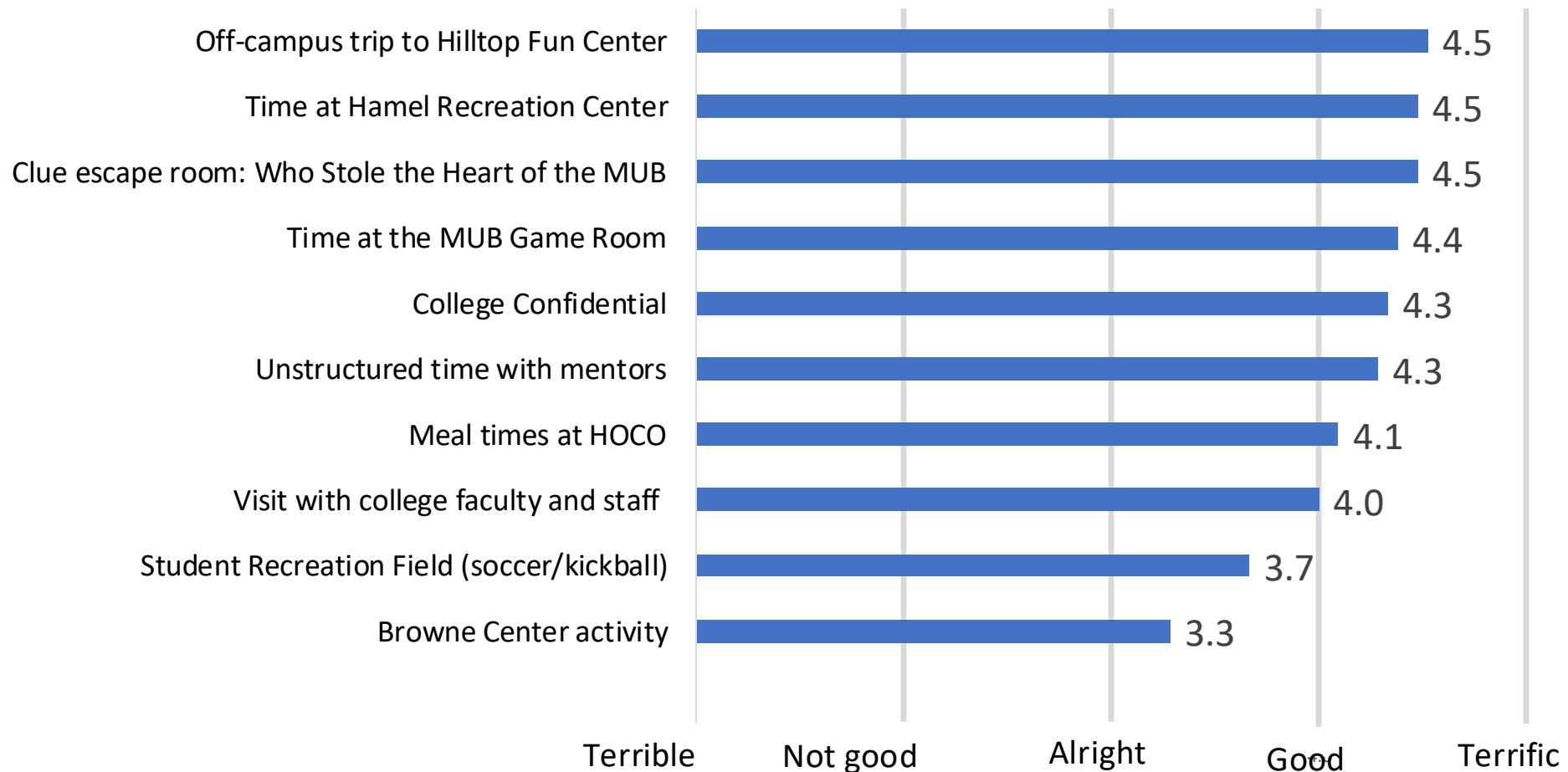


Participant Feedback- Workshops

	The workshop was engaging	The workshop was helpful.	I learned something new.	I have a point of contact.	I understand the types of services offered.	If I need to contact , I feel comfortable to do so.
Health and Wellness	3.1	3.2	3.4	3.1	3.1	3.2
PACS	2.8	3.0	3.1	3.2	3.3	3.4
CFAR	3.3	3.3	3.4	3.4	3.5	3.4
Writing Workshop	3.2	3.4	3.6	3.4	3.4	3.4
Social Spin	3.5	3.6	3.5	3.4	3.5	3.5
Library	3.2	3.5	3.6	3.5	3.3	3.5
CAPS	3.4	3.4	3.5	3.5	3.4	3.6
Financial Planning	3.5	3.6	3.8	N/A	N/A	N/A
SHARPP	3.6	3.6	3.6	3.5	3.5	3.5
Deans & Advisors	3.7	3.8	3.8	3.6	3.5	3.8



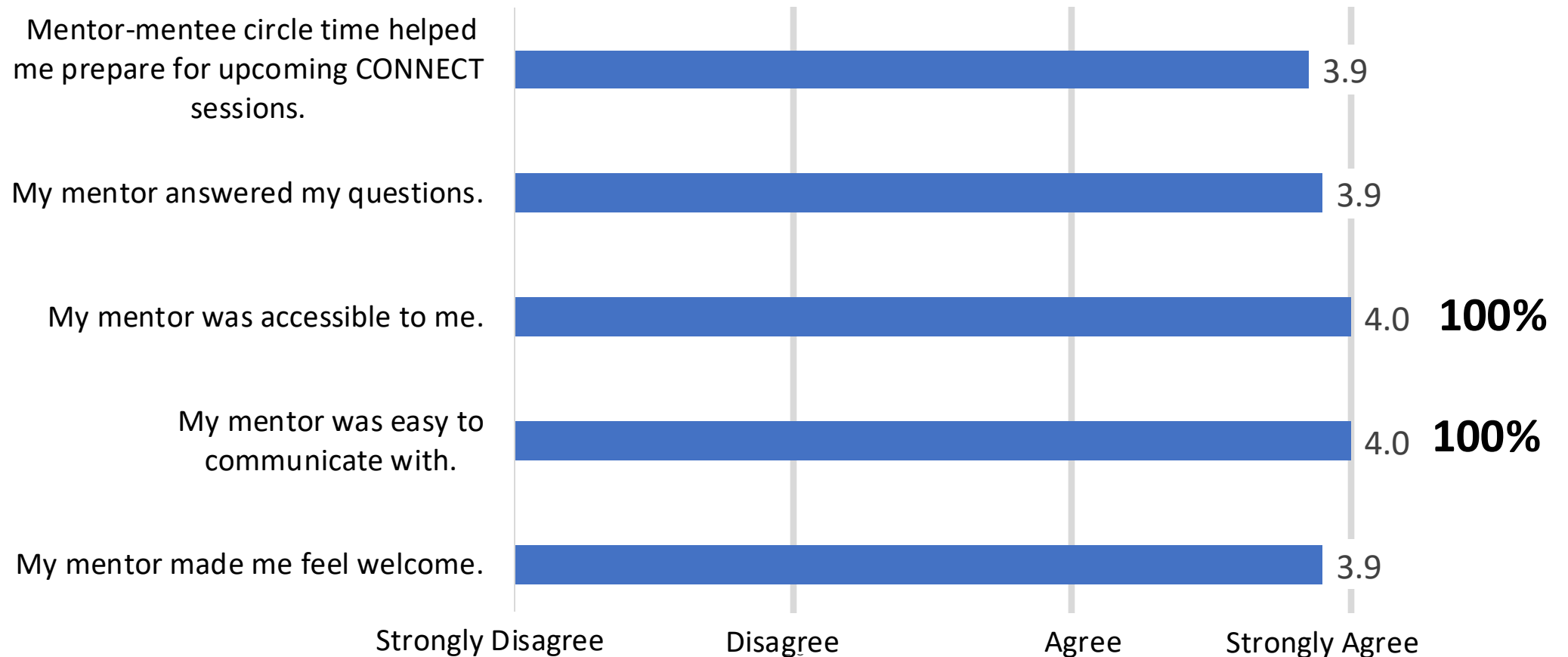
Participant Feedback- Social Activities



**Average
4.2
"Good"**



Participant Feedback- Mentors



Participant Feedback - Opportunities

Growth opportunities:

- Schedule streamlining: shorter meals, longer breaks
- Workshops: interactivity, increased time outside of the MUB



Program Goals and Outcomes



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Program Goals

As a result of participating in the CONNECT program, students will develop:

1- A sense of purpose for obtaining a college degree (sense of purpose for degree, student identity centrality, degree commitment, institutional commitment)

2- A sense of belonging at UNH (identification with the university, social match, social acceptance, social support, cultural capital in higher education) an accurate representation of CONNECT students' self-reported agreement before and after participating in the program.



Program Goals

As a result of participating in the CONNECT program, students will develop:

3- Experience with the college learning process (familiarity with UNH student resources, academic advising, communication with professors, understanding syllabi)

4- Academic Skills (time management, note-taking, exam preparation).

5- Wellness Skills (connection of well-being with Academic Success, evaluating mental well-being, strategies for stress or anxiety, communicating consent)



Measuring Outcomes

Measuring Program Impact:

- Pre- Survey, Post-Survey – identical questions
- Same student taking pre- and post-survey. Secret identifying code.
- Five program goals: 26 statements
- Likert-scale: strongly disagree, disagree, strongly agree, agree
- Developed in conjunction with UNH Institutional Research & Assessment, Kristine

Bundschuh, Ph.D.



Results Overview

Results:

- **Improvement in 22 of 26 measures**
- 2 measures no change
- 2 measures decreased:
 - Taking care of my mental well-being is important to my academic success
 - Taking care of my physical well-being is important to my academic success
 - Three participants went from strongly agree to agree



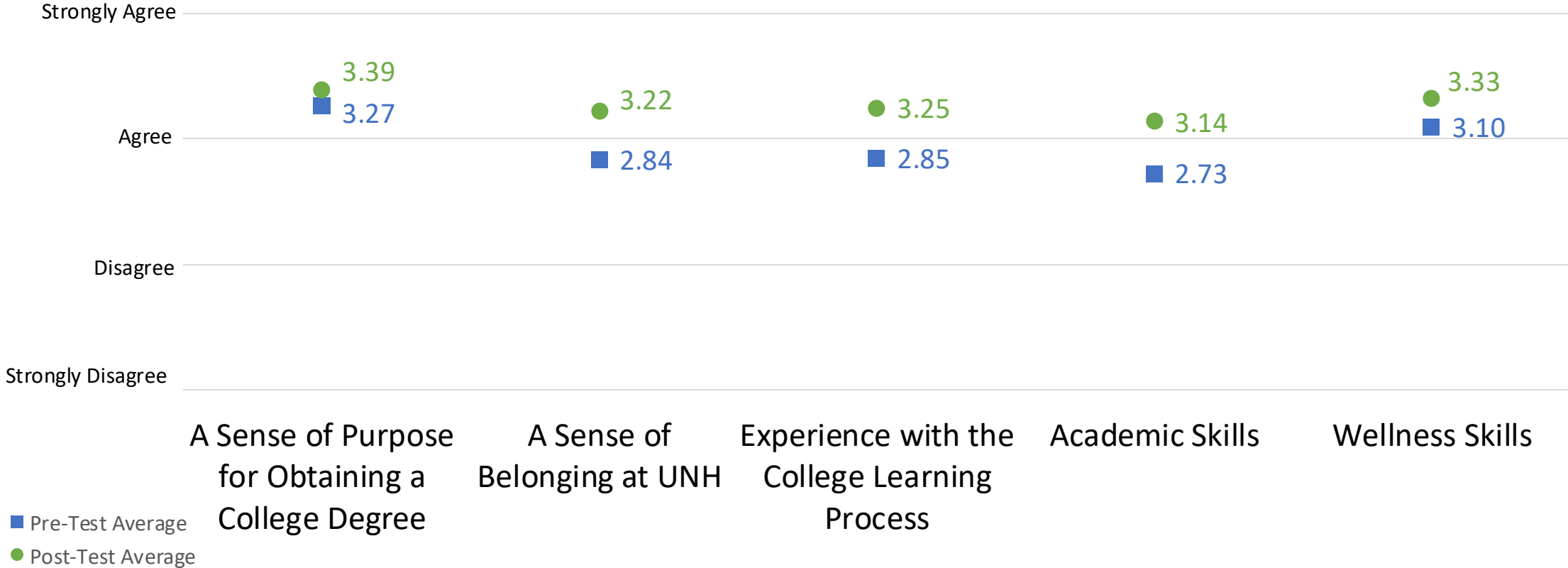
Top 10 Largest Change Pre to Post

Overarching Theme	Measure	Percent Increase
A sense of belonging at UNH	I understand how things work at UNH.	42.55%
Academic Skills	I have a set of time management strategies to use in college.	38.30%
Wellness Skills	I know what strategies I can use if I'm feeling stressed or anxious	26.79%
Academic Skills	I know note taking strategies to use in college.	27.08%
Experience with the College Learning Process	I feel comfortable interacting with professors at UNH.	21.82%
A sense of belonging at UNH	I belong at UNH	16.39%
Wellness Skills	I know strategies on how to check-in with myself about my mental well being.	19.23%
Academic Skills	I feel confident that I can prepare for my college exams.	16.07%
A sense of belonging at UNH	I know how to do well at UNH.	17.31%
A sense of belonging at UNH	If I have a problem, I feel comfortable talking to staff or faculty at UNH.	12.73%



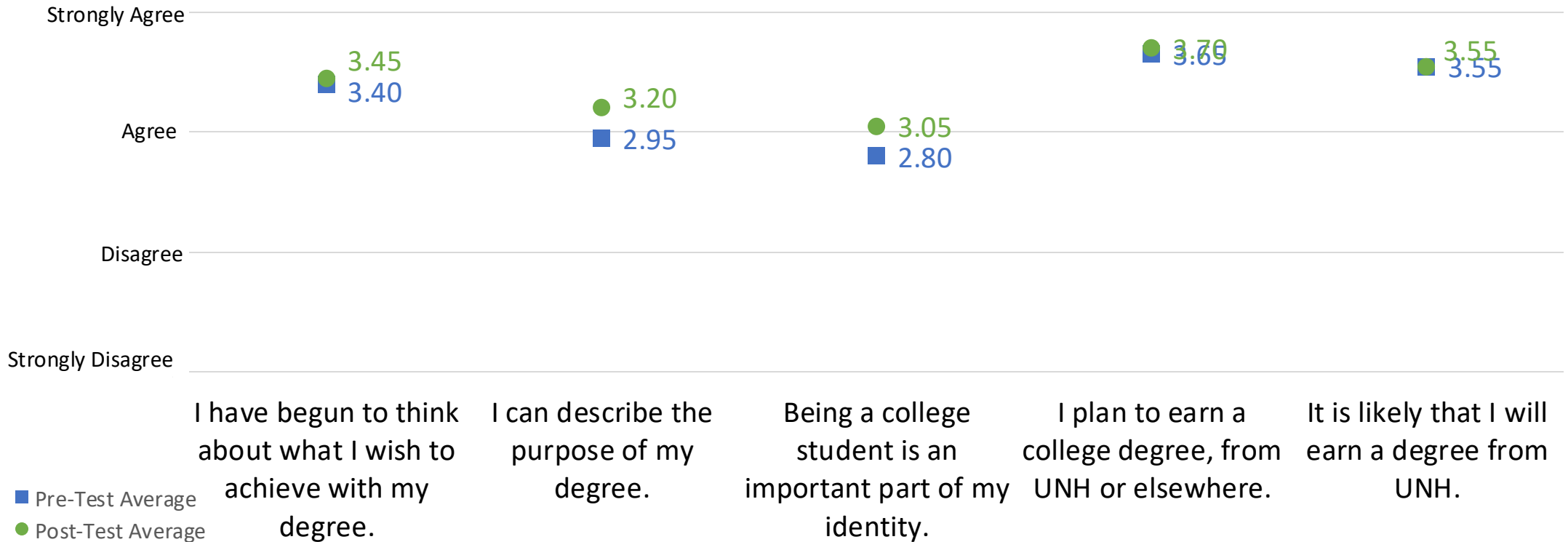
Program Outcomes - Main Themes

Change in Students' Responses of Five Main Themes



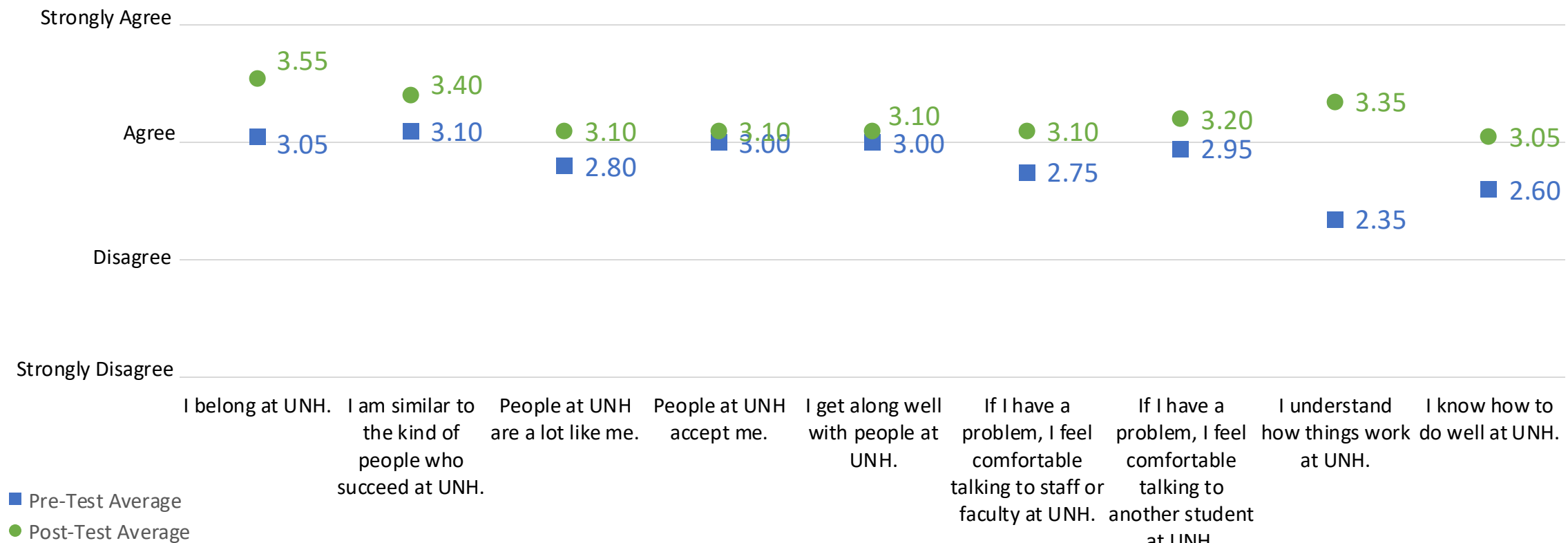
Sense of Purpose

Changes in Students' Sense of Purpose for Obtaining a College Degree

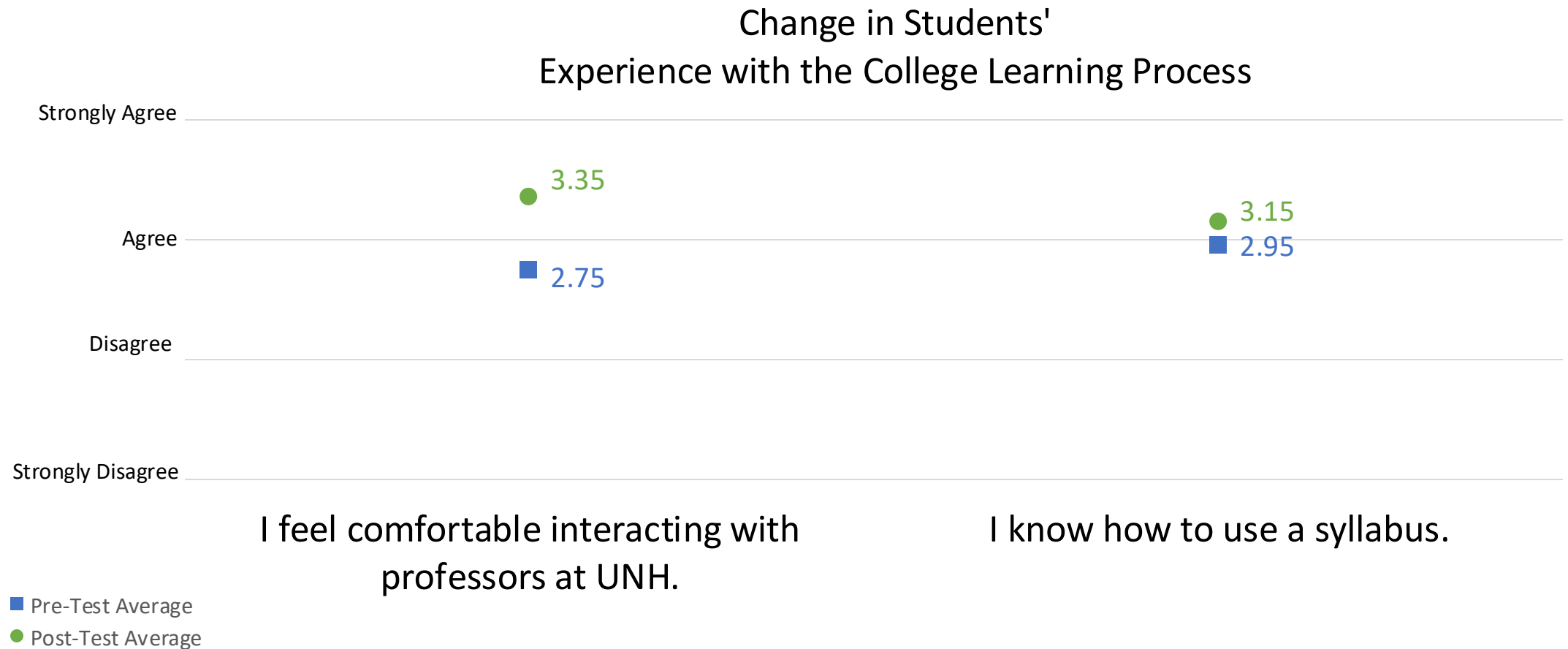


Sense of Belonging

Change in Students' Sense of Belonging at UNH

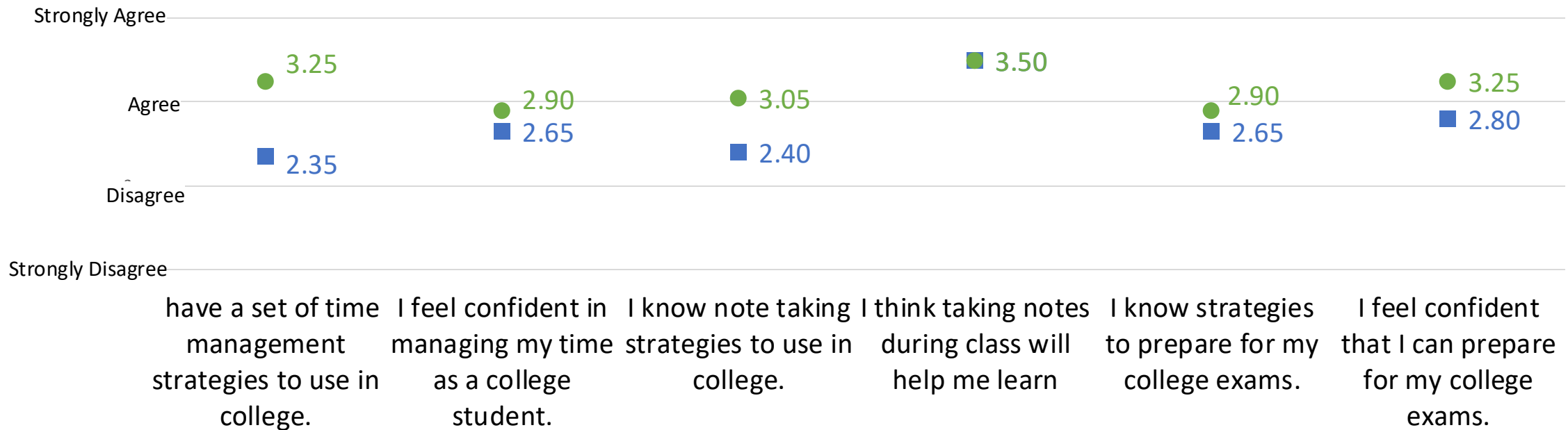


Experience with College Learning Process



Academic Skills

Change in Students' Academic Skills



■ Pre-Test Average
● Post-Test Average



Wellness Skills

Change in Students' Wellness Skills



■ Pre-Test Average
● Post-Test Average





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Questions?

Thank You!